

# Our Gospel Value this week is Justice

<https://www.youtube.com/watch?v=EG-l1kK-BpU>

# Our Virtue this week is Fortitude



**We gather together to love,  
value and respect each  
other within our Catholic  
family, to nurture each  
individual's talents and skills  
as Jesus taught us.**

***Everyone matters and is  
loved by God.***

Peace be with you  
**and with your Spirit**

Jesus Christ light of the world  
... **shine brightly in our lives**



Jesus Christ God's living  
Word  
... **speak to us your truth**



Jesus Christ God's love  
revealed  
... **dwell among us**



Our lit candle reminds us that  
we are in God's presence as  
we mark ourselves with the  
sign of the cross

**In the name of the Father,  
and of the Son  
and of the Holy Spirit  
Amen**

# We Say Sorry

You have forgiven us and saved us.  
Lord, have mercy.

**Lord, have mercy.**

You have shared your gifts with us  
Christ, have mercy.

**Christ, have mercy.**

We have struggled but you are  
always there to help us

Lord, have mercy.

**Lord, have mercy.**

Today we are going to hear about how Jesus spent 40 days in the desert. The desert can be a dangerous place, where there is not much food or water.

Let's think a bit more about that today...

God of life, your Son Jesus went out into the desert to talk to you in prayer. Help us to talk to you and get closer to you this Lent, in our prayers and in our actions.

Through Christ our Lord,  
**Amen.**

*We listen to the word*

Gospel acclamation:

**Praise to you O Christ, king of  
eternal glory.**

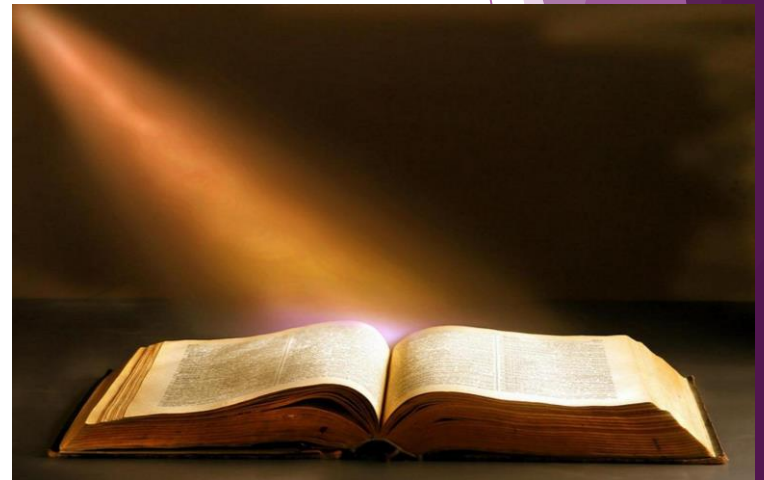


*We listen to the word*

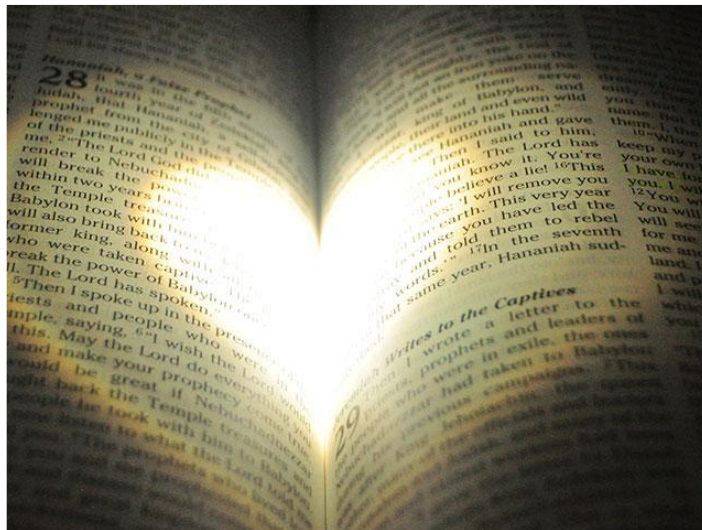
Gospel according to Mark 1:12-15

**May the words of Jesus be  
On my mind  
On my lips and  
In my heart**

The Gospel of the Lord  
**Praise to you Lord Jesus Christ**



We are still and silent as  
we reflect on God's  
word for us in the Gospel.



Sunday was the first Sunday of Lent.

Lent is a special time when we prepare for Easter. We take time in Lent to pray more, and to think about how we live our lives. This time can help us to change for the better and grow in our faith.



As we grow closer to God, we also realise that we are called to put our faith into action, and to live our lives as God wants us to, loving and caring for all people and for the earth.



What do you remember from today's reading?



Jesus goes out into the desert for 40 days. He had hardly any food to eat or water to drink. How do you think Jesus felt while he was in the desert?

Jesus might have been  
hungry, thirsty and afraid.  
He might have been  
lonely.

But we also hear that in the desert, the angels helped him.

We all need people to help us sometimes. Even when we work really hard, we can't always do everything on our own.

Aaron is seven and lives in a country called Liberia with his grandparents. He likes learning science, playing football and eating palm soup and beans. His grandfather, Augustine, is a fisherman. Aaron helps his grandmother, Felicia, to clean and dry the fish, before she sells them to earn money.



It can be very dangerous to go out to sea and fish. Sometimes it can be hard to find the fish to catch and then the fisherman and his family go hungry.

As Aaron says, “A fisherman needs someone to buy his fish so he can make money. People need money to buy food.”

Sometimes storms come and the waves and the wind can capsize the boat (turn it upside down so that everything falls out). It can be very frightening.

Recently some of the fishermen, including Aaron's grandfather, took part in some training and were given some new equipment to help them to fish more safely.

He now has a lifejacket, a fishfinder and a mirror.

How do you think these things help Augustine?

The fishfinder helps him to find the good places to fish, so that he catches more. It also helps him to find his way back safely to shore.

The lifejacket helps to keeps him safe in the water, and the mirror helps him to signal to others if he needs help.

How do you think Augustine feels about this?

Augustine says, “The training has helped us a lot. We can go further out to sea – we can cross many miles and come back safely. We can get better fish. This has helped our home because we’ve caught plenty of fish. You eat some, you reserve some, you sell some. You can educate your children by paying school fees. You can use some money to pay medical bills. You can pay for troubles if they come.”

It is because of this extra money that Augustine and Felicia were able to bring Aaron to live with them when his mum needed some extra help.

Now Aaron wants to be a fisherman when he grows up. Just like his grandfather.

Lent lasts for 40 days, just like Jesus' time in the desert. This Lent, let's remember in our prayers all the people in the world like Aaron, Augustine and Felicia who are working hard, but who need some support.



And let's do what we can  
to help and support each  
other and our brothers and  
sisters around the world, as  
we grow in our faith this  
Lent and try to live as God  
calls us to.



In silence, pray for each other - that God will be with all of us.



As we try to be closer to  
God this Lent, we pray  
together:

We pray for world leaders:  
that they may work  
together to make the world  
a fairer place, where all  
people have enough food  
to eat.

Lord, in your mercy...

Hear our prayer

We pray for those who go to sea and all those who face danger in order to feed their families. May God be always with them, keeping them safe.

Lord, in your mercy...

Hear our prayer

We pray for our school,  
parish, families and friends:  
may God guide us to share  
what we can and to work  
together so that everyone  
may look to the future with  
hope.

Lord, in your mercy...

Hear our prayer

We take a  
moment now to  
pray for our own  
intentions

We ask Our Lady  
to intercede on  
our behalf as we  
say together...



**HAIL, MARY,**  
FULL OF GRACE,  
THE LORD IS WITH THEE;  
BLESSED ART THOU  
AMONG WOMEN,  
AND BLESSED IS THE FRUIT  
OF THY WOMB JESUS.  
**HOLY MARY,**  
MOTHER OF GOD,  
PRAY FOR US SINNERS,  
NOW AND AT THE  
HOUR OF OUR DEATH.  
AMEN.

Loving God, may we draw closer to you this Lent. Show us how to follow you and help us to be there for one another. Teach us to share whatever we have fairly so that we, and our whole global family, may look to the future with hope.

Amen

St Anthony  
**Pray for us**

St Mark  
**Pray for us**

St Francis  
**Pray for us**

St Alban  
**Pray for us**



How will  
you follow  
Jesus this  
week?

# What will you do this week?

- ▶ remember in our prayers all the people in the world like Aaron, Augustine and Felicia who are working hard, but who need some support.
- ▶ do what we can to help and support each other and our brothers and sisters around the world
- ▶ try to live as God calls us to.

**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**

Let us go in  
peace

**Thanks be to God**

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