

# Our Gospel Value this week is Compassion

<https://www.youtube.com/watch?v=03G52K9X2hQ>

# Our Virtue this week is Kindness



**We gather together to love,  
value and respect each  
other within our Catholic  
family, to nurture each  
individual's talents and skills  
as Jesus taught us.**

***Everyone matters and is  
loved by God.***

Peace be with you  
**and with your Spirit**

Jesus Christ light of the world  
... **shine brightly in our lives**



Jesus Christ God's living  
Word  
... **speak to us your truth**



Jesus Christ God's love  
revealed  
... **dwell among us**



Our lit candle reminds us that  
we are in God's presence as  
we mark ourselves with the  
sign of the cross

**In the name of the Father,  
and of the Son  
and of the Holy Spirit  
Amen**

## We Say Sorry

You call your people to turn away from  
doing wrong,

Lord, have mercy.

**Lord, have mercy.**

You teach us wisdom and write your truth  
in our inmost heart,

Christ, have mercy.

**Christ, have mercy.**

You lead us to the truth

Lord, have mercy.

**Lord, have mercy.**

Jesus today uses the image of a grain of wheat to talk about what is in store for him – death and resurrection. He says that one single grain of wheat can produce a rich harvest.

Let's think some more about this today...

God of life, we pray that  
all the seeds that we  
plant may bear much  
fruit, so that none of your  
people go hungry.

**Amen.**

*We listen to the word*

Gospel acclamation:

**Praise to you O Christ, king of  
eternal glory.**

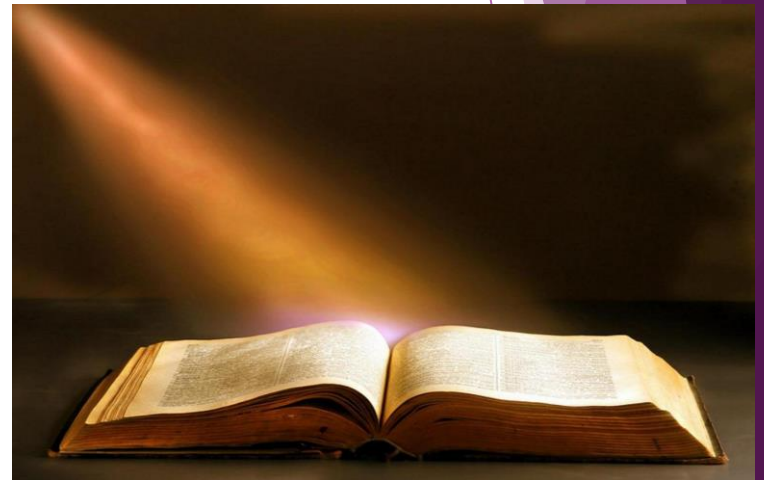


*We listen to the word*

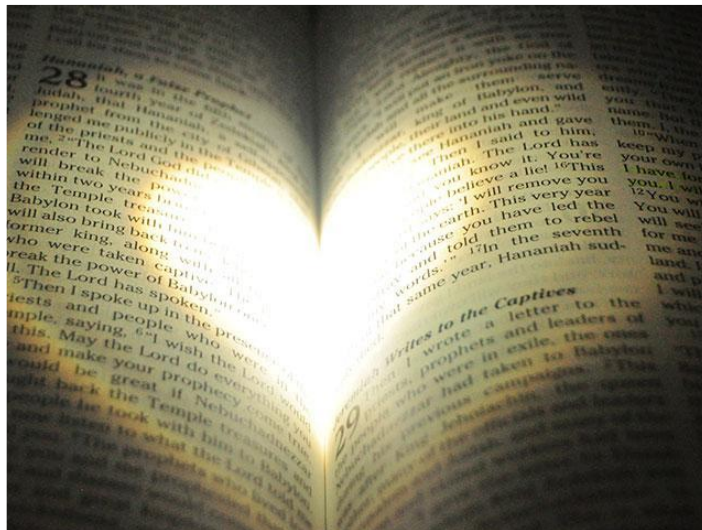
Gospel according to John 12:20-33

**May the words of Jesus be  
On my mind  
On my lips and  
In my heart**

The Gospel of the Lord  
**Praise to you Lord Jesus Christ**



We are still and silent as  
we reflect on God's  
word for us in the Gospel.



Jesus says that unless a grain of wheat falls into the earth and dies, it remains a single grain. But if it dies then it will give a rich harvest.

I wonder, what do you think Jesus means by that?



Jesus is using this image to explain that he must die on the cross so that he can rise again, and so people will believe he is the Son of God.

What happens to a seed when you plant it?



The seed dies as it grows into a plant.

Wheat is an important thing to grow because it is used in lots of foods. Can you name some foods that wheat is used in? How about if I tell you that wheat is used to make flour?

What can you make with flour?



One single seed can grow lots of food.

Think about how tiny an apple seed is inside your apple, which you can plant and grow into an apple tree that will produce lots of other apples.

Can you think of some other foods that can be grown from a single seed?



You may not be very used to growing things, but about a quarter of all people in the world live from farming.

For them, planting and growing seeds is a matter of life and death.



If their food doesn't grow well,  
their families will be hungry.

The people listening to Jesus  
would have known all about  
what that means, as many of  
them would have grown their  
own food.





CAFOD works with farmers in many poor countries so that they can use the best seeds to grow on their land.

CAFOD's local trainers give the farmers good advice on how to grow strong plants even when the weather is too dry - or too wet.



Jesus had to die so that he  
could rise again.  
Through his death and  
resurrection, he gave us all new  
life.  
And he calls us all to follow him,  
in all that we do.



Just like a seed, our actions, even if we do just one little thing, can also grow into something big. Especially if we join together with others. For example, if I want to make the world a fairer place, on my own I am easy to ignore. But if all of us come together and get our friends and our families to join in too, we are much harder to ignore!



In silence, pray for each other - that God will be with all of us.



We believe in Jesus the Son  
of God who died and rose  
again and so we pray  
together:

We pray for world leaders:  
that God may guide them  
to make decisions which  
help those who are most in  
need.

Lord, in your mercy...  
Hear our prayer

We pray for our school,  
parish, families and friends:  
that we may take steps to  
change our own lives and  
the lives of our brothers and  
sisters around the world.

Lord, in your mercy...

Hear our prayer

We pray for the poorest people in our world: that the seeds they plant may give a rich harvest so that everyone has enough to eat.

Lord, in your mercy...

Hear our prayer



We take a  
moment now to  
pray for our own  
intentions

We ask Our Lady  
to intercede on  
our behalf as we  
say together...



**HAIL, MARY,**  
FULL OF GRACE,  
THE LORD IS WITH THEE;  
BLESSED ART THOU  
AMONG WOMEN,  
AND BLESSED IS THE FRUIT  
OF THY WOMB JESUS.  
**HOLY MARY,**  
MOTHER OF GOD,  
PRAY FOR US SINNERS,  
NOW AND AT THE  
HOUR OF OUR DEATH.  
AMEN.

Christ Jesus, fill us with your  
love and mercy and show us  
how to make a difference to  
the lives of our brothers and  
sisters around the world.

Amen

St Anthony  
**Pray for us**

St Mark  
**Pray for us**

St Francis  
**Pray for us**

St Alban  
**Pray for us**

How will  
you follow  
Jesus this  
week?

# What will you do this week to make a difference to someone else?

- ▶ help other people
- ▶ share with others
- ▶ let people join in your games

**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**  
**Jesus, I offer my day to you**

Let us go in  
peace

**Thanks be to God**

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