

Our Gospel Value this week is Peace

<https://www.youtube.com/watch?v=03G52K9X2hQ>

Our Virtue this week is Peace



**We gather together to love,
value and respect each
other within our Catholic
family, to nurture each
individual's talents and skills
as Jesus taught us.**

***Everyone matters and is
loved by God.***

Peace be with you
and with your Spirit

Jesus Christ light of the world
... **shine brightly in our lives**



Jesus Christ God's living
Word
... **speak to us your truth**



Jesus Christ God's love
revealed
... **dwell among us**



Our lit candle reminds us that
we are in God's presence as
we mark ourselves with the
sign of the cross

**In the name of the Father,
and of the Son
and of the Holy Spirit
Amen**

We Say Sorry

You have forgiven us and saved us.
Lord, have mercy.

Lord, have mercy.

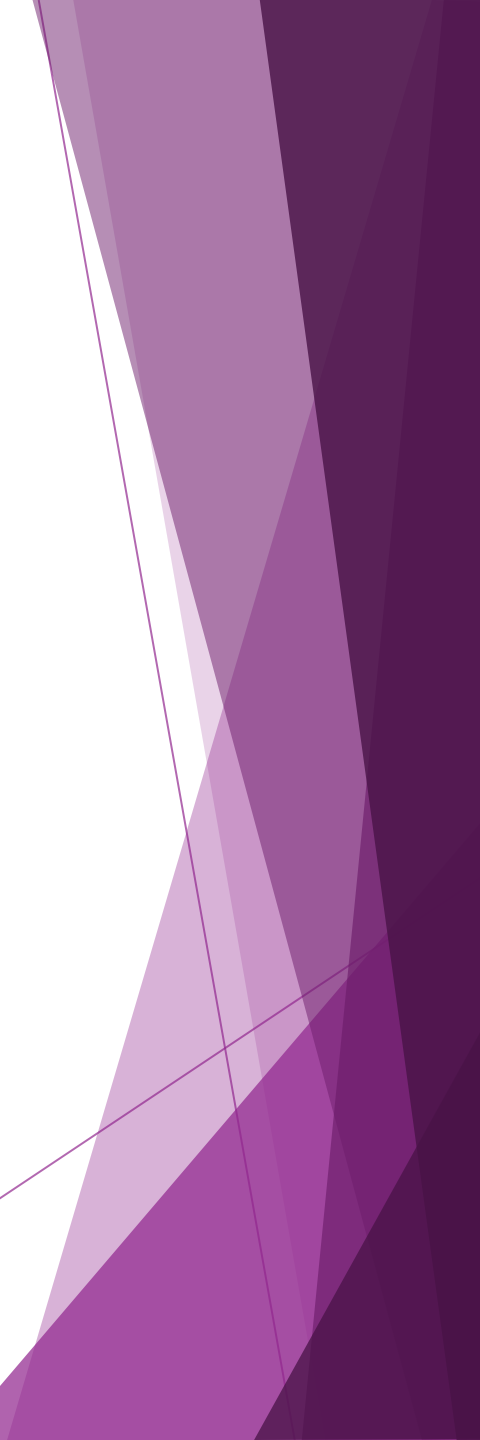
You have shared your gifts with us
Christ, have mercy.

Christ, have mercy.

We have struggled but you are
always there to help us

Lord, have mercy.

Lord, have mercy.



Today we hear a voice
from the clouds saying “This
is my Son, the Beloved.
Listen to him.” How do we
listen to Jesus in our lives?
And how do we respond to
what we hear about
Jesus?

Let's think a bit more about
that today...

God of mercy, you ask us
to listen to your Son,
Jesus. Open our ears to
hear your Word and fill
our hearts with your love
so that we may change
our lives and so change
the lives of others.

Amen.

We listen to the word

Gospel acclamation:

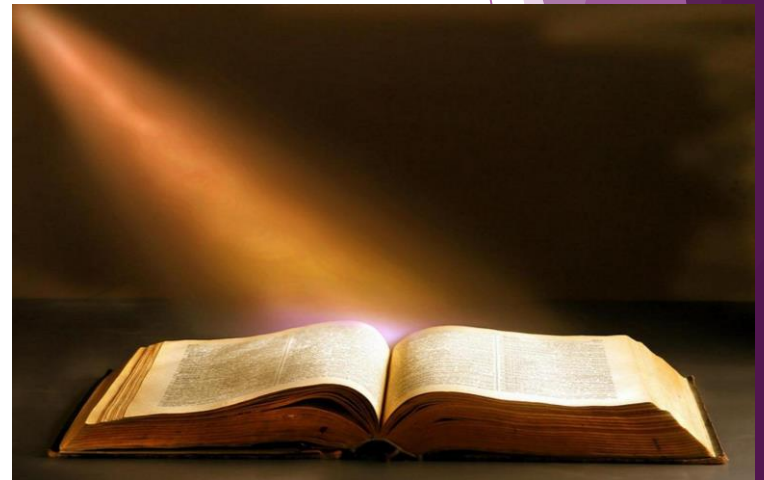
**Praise to you O Christ, king of
eternal glory.**

We listen to the word

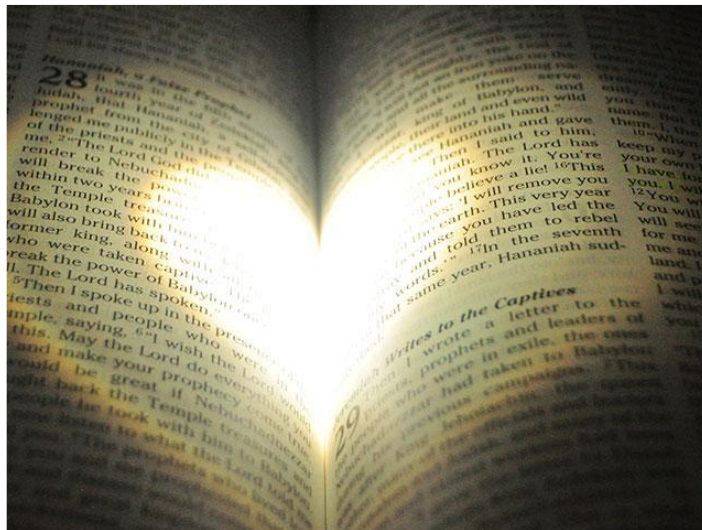
Gospel according to Mark 9:2-10

**May the words of Jesus be
On my mind
On my lips and
In my heart**

The Gospel of the Lord
Praise to you Lord Jesus Christ

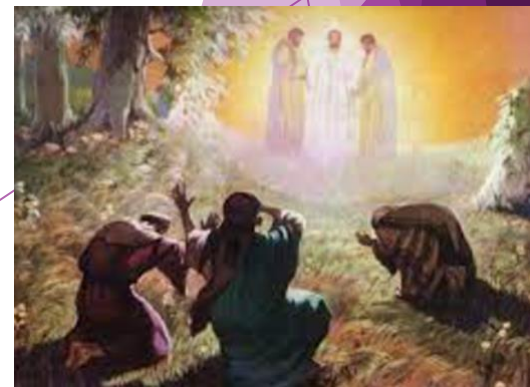


We are still and silent as
we reflect on God's
word for us in the Gospel.



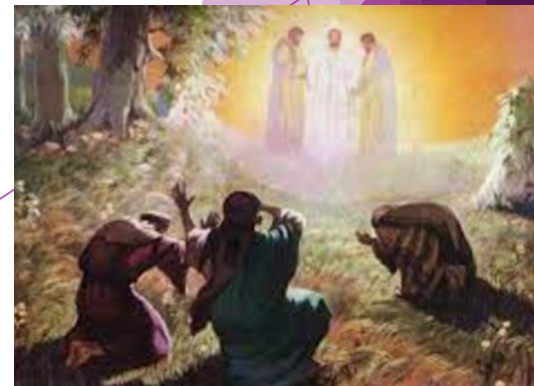
Jesus went up a mountain to be alone with his friends, the disciples Peter, James and John. While he was on the mountain, a great change came over him. His clothes became bright and shining white and Elijah and Moses appeared and talked to him.

Do you know who they were?



How did Peter, James and John feel when they saw the change that had happened to Jesus?

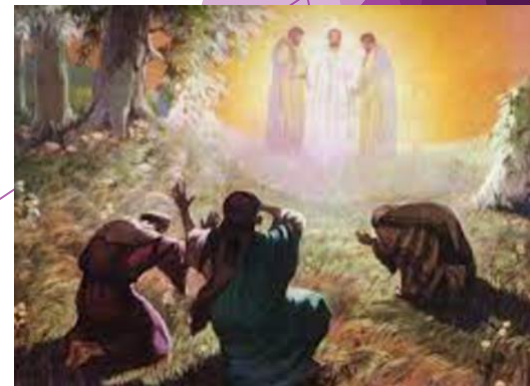
Why were they frightened?



Then a cloud came over and Jesus's friends heard a voice, saying "This is my Son, the Beloved. Listen to him."

Whose voice do you think this was?

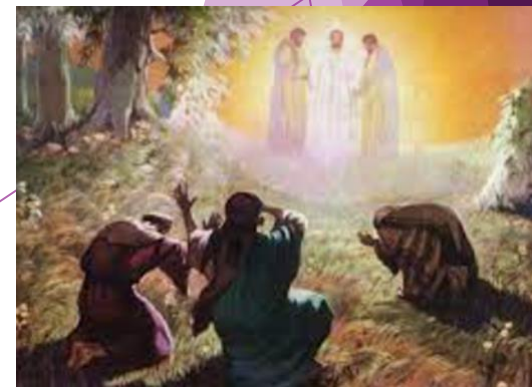
What do you think Peter, James and John must have felt when they heard God speaking to them from the cloud?



On the mountain the disciples
saw Jesus's true loving self,
shining like the rays of the sun.

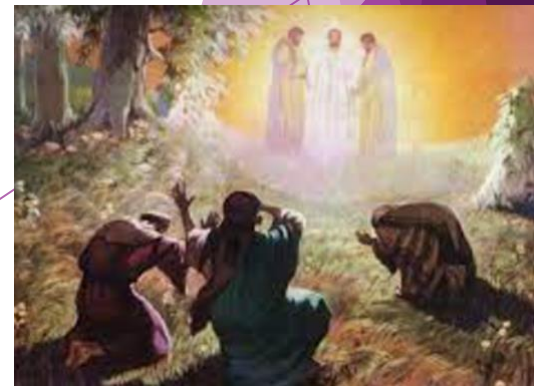
If we listen to Jesus and spend
time with God in our hearts, then
we too can let our true light
shine brightly.

For example, we could be
kinder to other people, or
extra helpful.



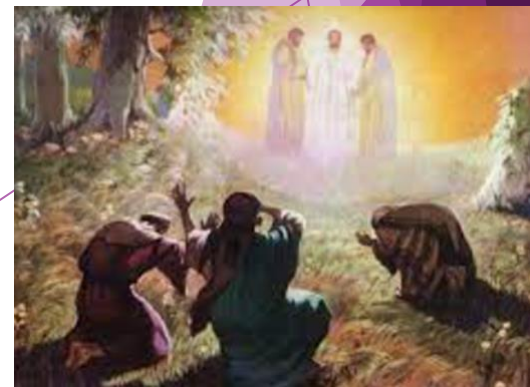
Close your eyes.
Sit very still and listen.

What sounds can you hear?



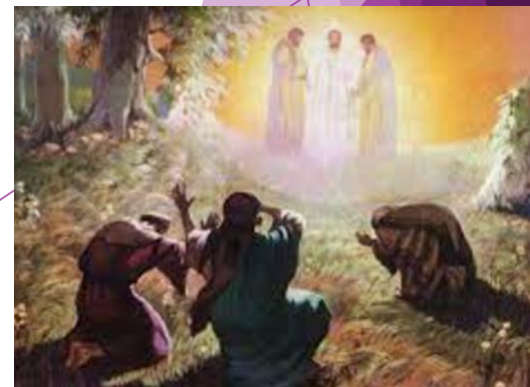
You can hear so much more when you really take time to listen. So how do you think we can best listen to what Jesus has to say to us in our lives?

Could we, for example, pray more often, or perhaps listen to the Gospel stories very carefully?



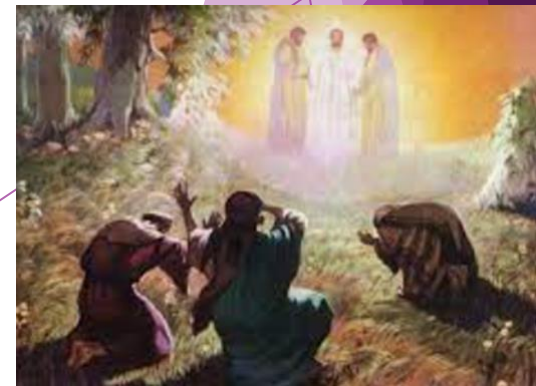
God asks us to be kind and generous to others and treat them as we would like to be treated.

Do you think you could listen to God more this Lent? How?



What will you do to try and live more as God wants?

In Lent we spend extra time praying and we think about how we can help other people, and in this way let our true light shine out from inside us.



In silence, pray for each other - that God will be with all of us.



As we try to change our
lives, we pray together:

We pray for world leaders:
that they may make wise
decisions for the good of all
people in the world.

Lord, in your mercy...

Hear our prayer

We pray for all people who
are poor: that they may
have the chance to
change their lives for the
better.

Lord, in your mercy...
Hear our prayer

We pray for our school, parish,
families and friends: that we
may take the time to listen to
what God asks of us and
change ourselves to be
brighter and kinder people
who always help others.

Lord, in your mercy...
Hear our prayer

We take a
moment now to
pray for our own
intentions

We ask Our Lady
to intercede on
our behalf as we
say together...



HAIL, MARY,
FULL OF GRACE,
THE LORD IS WITH THEE;
BLESSED ART THOU
AMONG WOMEN,
AND BLESSED IS THE FRUIT
OF THY WOMB JESUS.
HOLY MARY,
MOTHER OF GOD,
PRAY FOR US SINNERS,
NOW AND AT THE
HOUR OF OUR DEATH.
AMEN.

Loving God, may we draw closer to you this Lent. Show us how to follow you and help us to be there for one another. Teach us to share whatever we have fairly so that we, and our whole global family, may look to the future with hope.

Amen

St Anthony
Pray for us

St Mark
Pray for us

St Francis
Pray for us

St Alban
Pray for us

How will
you follow
Jesus this
week?

What will you do this week?

- ▶ Try to be kinder to other people, or extra helpful.
- ▶ Really take time to listen to what Jesus has to say to us in our lives
- ▶ Pray more often
- ▶ Listen to the gospel stories very carefully

Jesus, I offer my day to you
Jesus, I offer my day to you
Jesus, I offer my day to you

Let us go in
peace

Thanks be to God

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<https://www.youtube.com/watch?v=Ngoit0sRTWY>

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