

Everyone matters and is loved by God.

# St Mark's



Prayer Book

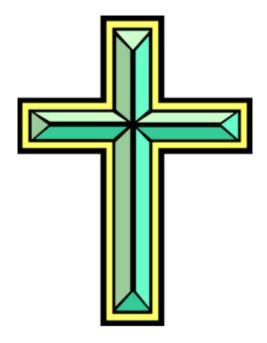
### Mission Statement

We gather together to love, value and respect each other within our Catholic family, to nurture each individual's talents and skills as Jesus taught us.

Everyone matters and is loved by God.



## Sign of the Cross



In the Name of the Father, and of the Son, and of the Holy Spirit.

Amen

#### **Morning Prayer**

O my God, you love me,
you are with me night and day.
I want to love you always
in all I do and say.
I'll try to please you Father,
bless me through the day.
Amen



#### **Evening Prayer**

God our Father I come to say,
thank you for your love today.
Thank you for my family,
and all the friends you give to me.
Guard me in the dark of night,
and in the morning send your light.
Amen



#### Prayer Before Meals

Bless us O Lord as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us, O Lord.

Amen



#### <u>Hail Mary</u>

Hail Mary, full of grace, the Lord is with thee.

Blessed are thou among women,

And Blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us

sinners,

Now and at the hour of our death.

Amen



#### Our Father

Our Father, who art in Heaven,
Hallowed be Thy name.

Thy kingdom come, Thy will be done,
on earth as it is in Heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.

Amen

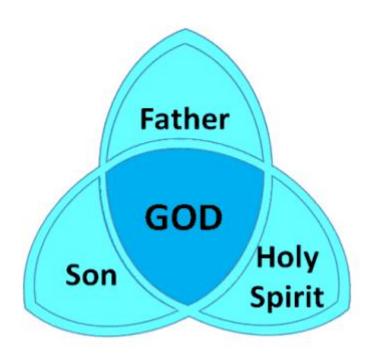


#### Glory Be to the Father

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and ever shall be, world without end.

Amen



#### Prayer to my Guardian Angel

O angel of God, my guardian dear, to whom God's love commits me here,

ever this day be at my side to light, to guard, to rule and guide.

Amen



#### **Act of Contrition**

O my God, I am very sorry that I have sinned against you, and by the help of your grace, I will not sin again.

