SIMPLICITY 3 WEEK MENU

SPRING/SUMMER 2024







## WEEK 1

W/C: 29/04, 20/05, 10/06, 01/07, 02/09, 23/09, 14/10

|             |                         | MONDAY  | TUESDAY                         | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-------------|-------------------------|---|---------------------------------|---|---|---|
|             | Main Dish               | Cheese & Tomato Pizza<br>served with Diced Boiled<br>Potatoes | BBQ Chicken served with<br>Rice | Roast Chicken served with<br>Roast Potatoes & Gravy     | Beef Burger in a Bun served<br>with Herby Diced Potatoes &<br>Ketchup   | Figh Finders serven with                      |
|             | Vegetarian<br>Dish      | Veggie Cowboy Pasta   | Macaroni Cheese                 | Quorn Sausages served<br>with Roast Potatoes &<br>Gravy | Veggie Burger in a Bun<br>served with Herby Diced<br>Potatoes & Ketchup | Veggie Dippers served with<br>Mashed Potatoes |
| MASSING STA | acket potato<br>topping | Baked Beans   | Grated Cheese                   | Tuna Mayonnaise   | Baked Beans   | Grated Cheese                                 |
|             | Veg                     | Peas & Sweetcorn  | Green Beans & Carrots           | Sweetcorn & Carrots                                     | Peas  | Baked Beans                                   |
|             | Dessert                 | Yoghurt & Fresh Fruit   | Banana Marble Cake              | Jammy Jack Flapjack                                     | Vanilla Sponge  | Chocolate & Pear Sponge                       |

Available Every Day – Water, fresh bread, yoghurt & fresh fruit



## WEEK 2

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

|                          | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY                                 | FRIDAY   |
|--------------------------|---|--|--|--|--|
| Main<br>Dish             | Cheese & Tomato Pizza<br>served with Diced Boiled<br>Potatoes | Pork Sausages served with<br>Mashed Potatoes & Gravy |  | Chicken Tikka Masala<br>served with Rice | Fish Fingers served with<br>Chips & Ketchup            |
| Vegetarian<br>Dish       | Veggie Balls in Tomato<br>Sauce served with Rice              | Cheese & Tomato Pasta                                | Quorn Sausages served with<br>Roast Potatoes & Gravy | Macaroni Cheese                          | Cheese & Onion Pasty<br>served with Chips &<br>Ketchup |
| Jacket potato<br>topping | Baked Beans   | Grated Cheese  | Tuna & Salmon Mayonnaise                             | Baked Beans                              | Grated Cheese  |
| Veg                      | Peas & Sweetcorn  | Green Beans & Carrots                                | Sweetcorn & Carrots                                  | Peas                                     | Baked Beans  |
| Dessert                  | Yoghurt & Fresh Fruit   | Oatie Cookie   | Chocolate & Blackcurrant<br>Sponge                   | Crispy Crackle Bar                       | Raspberry Slice  |

Available Every Day – Water, fresh bread, yoghurt & fresh fruit



## WEEK 3

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10

|             | MONDAY   | TUESDAY               | WEDNESDAY   | THURSDAY   | FRIDAY  |
|-------------|--|-----------------------|---|--|---|
| Main        | Chicken Goujons in a Bun served with Diced Boiled Potatoes & Ketchup | Cheese & Tomato Pasta | Roast Beef served with<br>Roast Potatoes & Gravy        | Beef Pasta Bolognese                                     | Roast Chicken Fillet served<br>with Chips         |
| Veget<br>Di | VECCIE PACIA BOILOURE  | Macaroni Cheese       | Quorn Sausages served<br>with Roast Potatoes &<br>Gravy | Chickpea & Vegetable<br>Tikka Masala served with<br>Rice | Veggie Balls in Tomato<br>Sauce served with Chips |
|             | Grated Cheese  | Baked Beans           | Tuna Mayonnaise   | Baked Beans  | Grated Cheese                                     |
| Ve          | Peas & Sweetcorn   | Green Beans & Carrots | Sweetcorn & Carrots                                     | Green Beans  | Peas  |
| Des         | sert Yoghurt & Fresh Fruit   | Apple Sponge Cake     | Crispy Crackle Bar                                      | Original Flapjack  | Chocolate & Pear Sponge                           |

Available Every Day – Water, fresh bread, yoghurt & fresh fruit